

UBC Teaching and Wellbeing Community of Practice (CoP)

Terms of Reference (2022-2023)

CoP Overview

The Teaching and Wellbeing Community of Practice (CoP) was developed in response to faculty members expressing a need for a platform to share knowledge and their experiences on how they can promote student, staff, and faculty wellbeing.

Our vision is for those involved in teaching roles to be both informed and inspired to take action in identifying, developing, and implementing an actively engaged and connected teaching and learning community where students, staff, and faculty thrive.

The mission of the Teaching and Wellbeing CoP is to encourage sharing among the teaching community in order to make sustainable enhancements in their own as well as their students' wellbeing through their everyday teaching and learning practices and environments. We foster knowledge development and sharing through a variety of activities, such as discussions, workshops, and community service in this unique environment in which respect, communication, commitment, and equity enable us to work in partnership to synthesize insights for the ultimate benefit of the UBC community.

Goals

- Provide a positive and respectful space in which teaching community members feel welcomed and safe to exchange ideas, share authentic experience-based practices, and problem-solve teaching and learning environment-related issues to support student, staff, and faculty wellbeing.
- Mobilize the teaching community and other stakeholders to contribute their research, experience, and/or perspectives on how they may embed wellbeing into campus teaching and learning environments.
- Provide actionable insights and recommendations to stakeholders to foster sustainable teaching and learning environments that support student, staff, and faculty wellbeing.

Teaching and Wellbeing CoP Design Team

Description and Goals
The Design Team consists of a core group who are committed to steering the development of the CoP. Key priorities for the design team include promoting awareness of the CoP and supporting community members to engage with the CoP. The CoP Co-Chairs are Gail Hammond and Michael Lee.
Time Commitment and Length of Term
<ul style="list-style-type: none">• Roughly 4 hours per month, including scheduled CoP meetings during the term (frequency and dates to be determined.)• Actual time spent will vary on the specific interests and activities of the CoP member.• Length of Term is one year (fall and spring terms), with the option to continue the role in future terms.
Responsibilities
Collaboratively guide strategic direction for the CoP. Functional areas include: <ul style="list-style-type: none">• Shaping annual CoP priorities• CoP member engagement and membership development• Fostering connections across the university to support CoP priorities• CoP workshops and events• CoP communication• Online CoP space development Attend a one-hour orientation and CoP meetings during the term (frequency and dates to be determined).
Benefits
<ul style="list-style-type: none">• Contribute to shaping the CoP with and for a teaching community who share a demonstrated passion for fostering wellbeing at UBC.• Exchange and develop wellbeing supportive teaching practices with colleagues across the university.• Opportunities to develop and demonstrate educational leadership around wellbeing.• Additional networking and professional development opportunities are offered when available.
Qualifications
<ul style="list-style-type: none">• Current member of the UBC teaching community (e.g., faculty, TA's, staff, or others across departments/units who are actively involved in teaching and wellbeing related work at UBC.)• Passionate about wellbeing and desire to foster wellbeing among students, faculty, and staff at UBC.• Demonstrated interest in wellbeing and ability to role model wellbeing practices.• Experience integrating wellbeing supportive initiatives or practices in everyday teaching and learning environments.• Willingness to collaboratively guide the CoP and its functions with other members.• Openness to learning and sharing with others.
Expression of Interest / Inquiries
<ul style="list-style-type: none">• Recruitment for the 2022-2023 year has concluded, however if you are interested in exploring a role on the CoP Design Team in the future, or have questions about the role, please let us know at wellbeing.learning@ubc.ca. We look forward to hearing from you!